

helping wings

THE HELPING WINGS

A STEP TOWARDS A WORLD FREE OF HUNGER

| NYS: NURTURING YOUNG SEEDS |

Today's Wastage is Tomorrow's Shortage



OUR MAIN PROBLEM

IN OUR WORLD, OF A POPULATION OF ABOUT 8 BILLION, **1 IN EVERY 9 PERSON SUFFERS FROM HUNGER**. IT MEANS THAT ABOUT **795 MILLION PEOPLE** ARE SUFFERING FROM HUNGER. FOOD IS A BASIC NECESSITY FOR LIFE. WITHOUT FOOD, LIFE CAN'T EXIST. THEREFORE, WE NEED TO FEED THE 795 MILLION TUMMIES.

DATA RELATED TO HUNGER

In 2015

5.9 million children

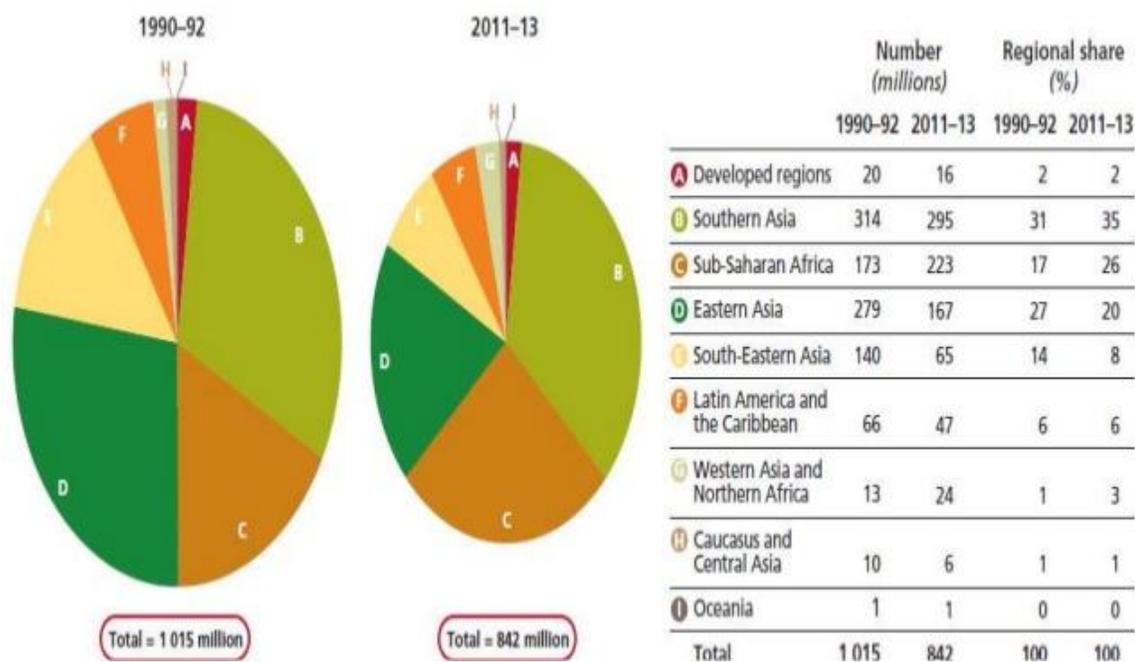


die before the age of 5

50% attributable to **undernourishment**

UNICEF (2015)

Hunger by region, 1990-2013





2 ZERO HUNGER



END HUNGER, ACHIEVE FOOD SECURITY AND IMPROVED NUTRITION, AND PROMOTE SUSTAINABLE AGRICULTURE

GLOBALLY

795 MILLION
ONE IN NINE PEOPLE ARE UNDERNOURISHED



281 MILLION
UNDERNOURISHED IN SOUTH ASIA

IN INDIA



3 IN 10 STUNTED CHILDREN IN THE WORLD ARE INDIAN

53%

WOMEN BETWEEN 15-49 YEARS ARE ANAEMIC

OVER **50%** TOTAL WORKFORCE IS EMPLOYED



IN THE AGRICULTURAL SECTOR



IF GLOBAL FOOD PRICES DOUBLE, INDIA COULD LOSE UP TO

US\$ 49 BILLION IN GDP

OVER

80%

INFANT AND YOUNG CHILDREN DO NOT GET MINIMUM DIETARY DIVERSITY

THE CYCLE OF HUNGER

There are many ways hunger can trap people in a cycle of poverty and need. Here is how it can burden someone for a lifetime, and pass it on to the next generation.

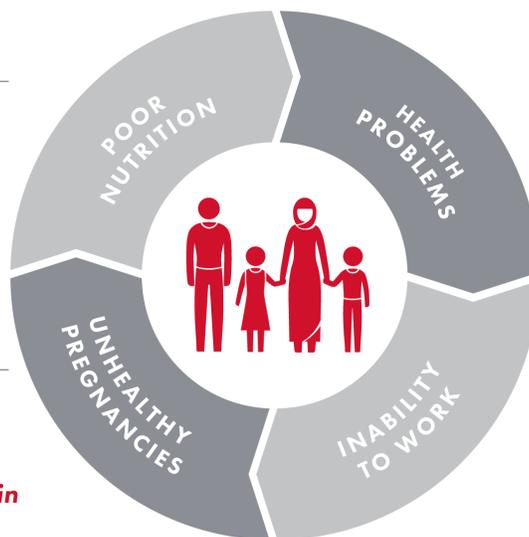


CHILDREN

Poor nutrition stunts physical and mental development

FAMILY

Poor health during pregnancy leads to an undernourished child—**starting the cycle again**



YOUTH

Chronic health problems keep kids out of school

ADULTS

A lack of education limits the ability to work

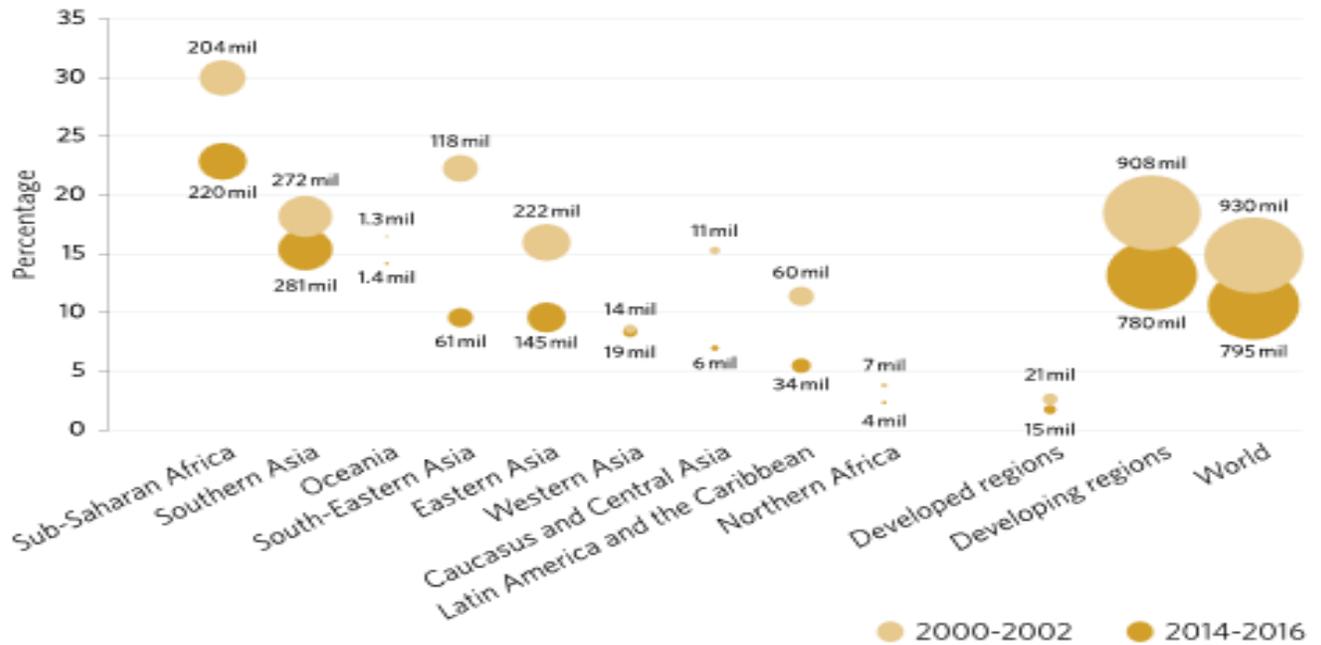
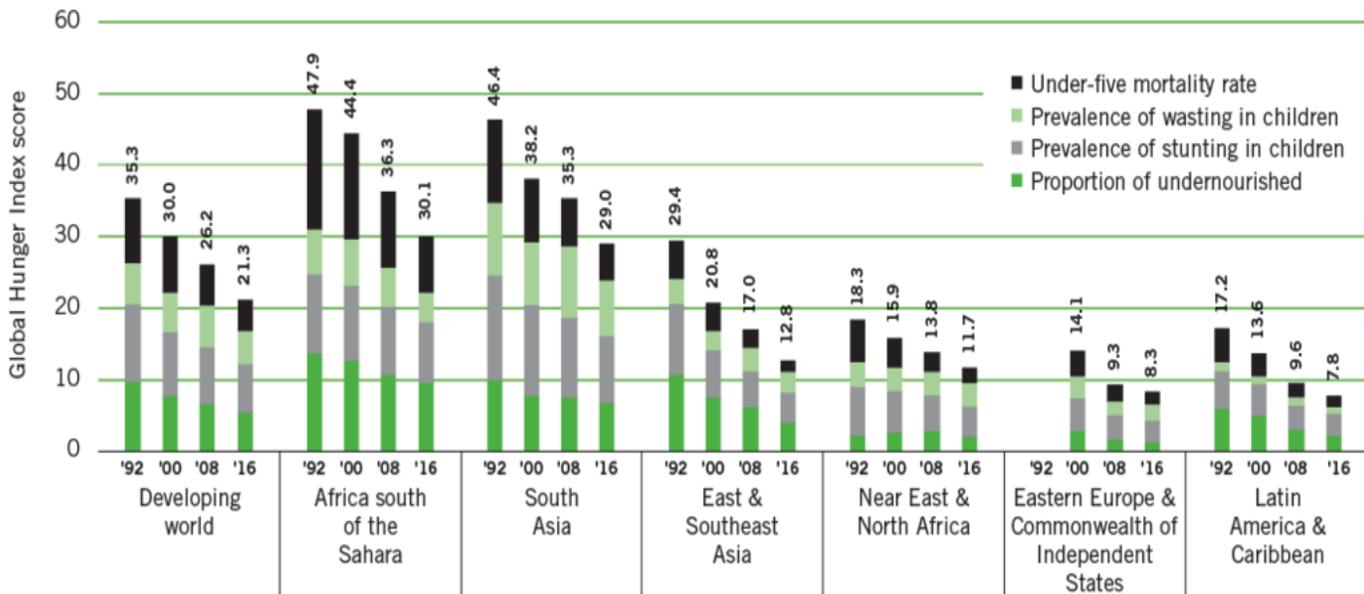


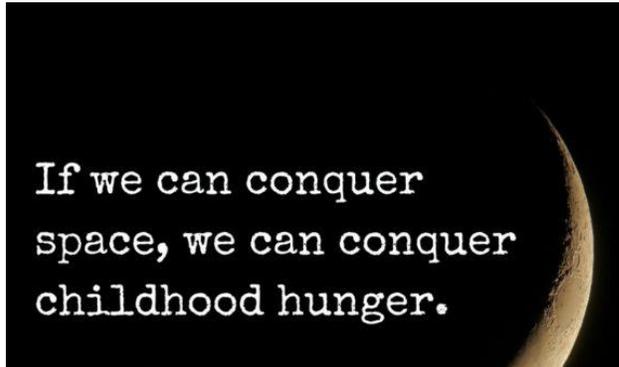
FIGURE 2.1 DEVELOPING WORLD AND REGIONAL 1992, 2000, 2008, AND 2016 GLOBAL HUNGER INDEX SCORES, WITH CONTRIBUTION OF COMPONENTS



Source: Authors.

Note: See Appendix B for data sources. A 1992 regional score for Eastern Europe and the Commonwealth of Independent States was not calculated because many countries in this region did not exist in their present borders.

WHAT WE CAN DO



THERE ARE 795 MILLION TUMMIES TO BE FED, AND OF COURSE THIS REQUIRES A LOT MORE OF RESOURCES AND EVEN A SUPER GREAT AMOUNT OF MONEY. IT JUST SEEMS IMPOSSIBLE FOR AN INDIVIDUAL, OR A SMALL GROUP TO ACHIEVE THIS TARGET. SO, WHAT SHALL WE DO? SHALL WE LEAVE THEM ON THEIR FATE? SHALL WE LET THEM STARVE? OR EVEN WORSE, SHALL WE LEAVE THEM TO DIE?

NO, WE CAN'T. IT WILL BE THE DEFEAT OF HUMANITY. THERE ARE NOT ONLY ADULT, BUT CHILDREN ALSO.

IT'S TRUE THAT WE CAN'T FEED ALL. BUT IT'S QUITE AMAZING THAT IF, WE, **ALL THE PEOPLE, JOIN THEIR HANDS, NO ONE WILL BE LEFT TO STARVE.**

AIM OF "THE HELPING WINGS"

THE AIM OF HELPING WINGS IS TO SPREAD THE WORD. WHAT WE WILL DO IS:

"SHARING IS CARING" (TO REDUCE WASTAGE OF FOOD AND FOOD DONATIONS)

- SINCE OUR SCHOOL DAYS, WE WERE TAUGHT TO HELP THE NEEDY. WE DEVELOPED THE TENDENCY OF SHARING, AND SHARING WAS THE BEST WAY TO ATTAIN 'A ZERO HUNGER WORLD'. MANY PEOPLE WASTE THE FOOD, WHICH IS IN THE BEST CONDITION AND CAN BE EATEN. BUT THEY DO NOT KNOW ABOUT THE VALUE OF THIS FOOD. **EVERYDAY HUNDREDS OF TONNES OF FOOD IS WASTED AND, ON THE OTHER HAND, MILLIONS SLEEP WITH EMPTY STOMACH.** WE WILL ASK PEOPLE NOT TO WASTE FOOD, INSTEAD TO GIVE IT TO SOMEBODY WHO'S IN THE NEED AND WHICH CAN SAVE THEIR LIVES.



- WITH THE HELP OF AN NGO OR GOVERNMENT, WE CAN MAKE **COMMON FOOD POOLS**, WHERE PEOPLE CAN DONATE THE FOOD, AS WELL AS, THOSE WHO NEED THE FOOD CAN TAKE IT FROM THERE. THIS WILL STOP THE WASTAGE OF FOOD AS WELL AS WILL HELP IN FILLING MANY TUMMIES.

STARVATION IS THE CHARACTERISTIC OF SOME PEOPLE NOT HAVING ENOUGH FOOD TO EAT. IT IS NOT THE CHARACTERISTIC OF THERE BEING NOT ENOUGH FOOD TO EAT.

AMARTYA SEN

#GlobalGoals

Don't waste food,
its like wasting
one of the most precious
things given by God to us.

SlogansMotto.com

IN AGRICULTURAL SECTOR (TO INCREASE AMOUNT OF FOOD PRODUCED)

- WE'LL CAMPAIGN AND WILL TELL PEOPLE ABOUT THE MODERN ACCES TECHNOLOGIES AND DEVELOPMENTS IN THE FIELDS OF AGRICULTURE, WHICH CAN HELP BOOSTING THE AMOUNT OF PRODUCTION FROM THE SAME PIECE OF

LAND. WHEN, THERE WILL BE ENOUGH AND MORE THAN ENOUGH FOOD AVAILABLE FOR CONSUMPTION, THEN THE PRICES WILL GO DOWN AND A NUTRITIOUS DIET, AT A VERY LOW COST WILL BE AVAILABLE FOR THE PEOPLE, WHO PREVIOUSLY COULD NOT AFFORD THEM.

- WE'LL **PROMOTE WOMEN EMPOWERMENT IN AGRICULTURE**, AS MORE THE NUMBER OF HANDS, THE MORE WILL BE THE PRODUCTION AS WELL AS THE MORE WILL BE THE EARNING.



- WE WILL TELL THEM TO MANAGE THE NATURAL RESOURCES IN A WISE MANNER, AND HOW TO GET MAXIMUM PRODUCTION USING MINIMUM RESOURCES, AS RESOURCES ARE LIMITED, BUT THE DEMANDS ARE QUITE HIGH.
- WE'LL ALSO TEACH THEM HOW TO COPE WITH DISATERS, LIKE FLOOD, DROUGHT, ETC.
- GOVERNMENT PROVIDES CHEAP AND EASY LOANS FOR FARMERS, BUT STILL MANY FARMERS ARE UNAWARE ABOUT IT. GOVERNMENT IS ALSO RUNNIG PROGRAMS LIKE '**JEEVIKA**', '**ANGANBADI**', ETC., AND THESE HELPS A LOT TO POOR PEOPLE TO EARN A LIVLIHOOD. AS THE AWARENESS ABOUT IT IS VERY LOW, WE'LL TRY TO SPREAD THE AWARENESS.



JEEVIKA
Bihar Rural Livelihoods Promotion Society
State Rural Livelihoods Mission (SRLM), Bihar



AT SOCIAL LEVEL

- WE'LL TEACH PEOPLE ABOUT **POPULATION CONTROL** AND ABOUT THE USE OF CONTRACEPTIVES. AS THERE WILL BE LESS POPULATION TO FEED, THE NUTRITIONAL VALUE OF FOOD AND WILL AUTOMATICALLY INCREASE, AS WELL AS, FOOD WILL BE READILY AS AVAILABLE AT A LOW COSTS AS THE DEMAND FOR FOOD WILL DECREASE.
- DEMAND FOR GOOD WORKING CONDITIONS FOR WORKERS AND INCREASED MINIMUM WAGES. BECAUSE OF THE COST, MANY PEOPLE ARE UNABLE TO HAVE NUTRITIOUS DIET, AND THIS LEADS THEM TO MALNUTRITION. IF THEIR WAGES WILL INCREASE WITH THE INCREASING INFLATION, THEN THEY COULD HAVE A NUTRIOTIOUS DIET.
- CREATE POSSIBILITIES OF EMPLOYMENT.

HOW WILL WE DO

WE HAVE TO SPREAD THE WORD, BECAUSE THE MORE PEOPLE WILL JOIN OUR HANDS, THE MORE THEY WILL MOTIVATE TO JOIN, AND THIS WILL CREATE A CHAIN OF PEOPLE. THE PEOPLE WILL CO-OPERATE WITH EACH OTHER AND THEY WILL HELP TO FEED THE HUNGRY PEOPLE, AND THIS WILL SURELY END THE WORLD HUNGER ONE DAY. **PEOPLE WILL NOT JOIN US QUICKLY, MAY BE LATE, BUT THEY WILL JOIN.**

WE BELIEVE:



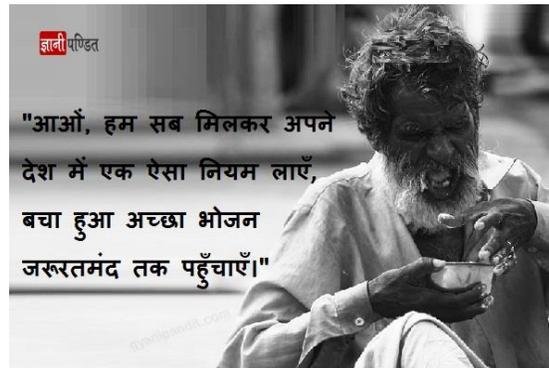
"IT'S TRUE THAT 1 IN EVERY 9, IS NOT GETTING PROPER FOOD, BUT THE REST 9 ARE GETTING. IF THOSE 9 JOIN THEIR HANDS, CAN'T THEY FEED ONE?"

HOW WE WILL SPREAD THE WORD

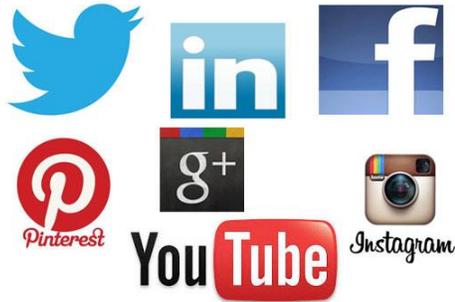
- WITH THE HELP OF PHAMPLETS AND POSTERS.



A **#ZeroHunger** world by 2030 **is possible.**



- WITH THE HELP OF SOCIAL NETWORKING SITES.



- WITH THE HELP OF PUBLIC PERFORMANCES LIKE NUKKAD NATAK, SKITS, SONGS, DRAMAS AND ALL, WHICH WILL MOTIVATE THE PEOPLE TO HELP THE HUNGRY PEOPLE.
- WITH THE HELP OF MANY ORGANISATIONS AND NGO's.



WHAT WE DID AND HOW WE DID

THIS SECTION NEEDS THE IMAGES OF OUR VISITS AND VIDEOS OF SKIT AND ALL.....